

Our Services

Telehealth



Physical Therapy Telehealth

Why Choose Telehealth for Your Physical Therapy

Now you can do physical and occupational therapy from the safety and comfort of your home. Connecting with a physical therapist through a two-way video-call system on a computer, laptop, smartphone, iPad or tablet. All you need to do is schedule an appointment and you'll be ready for your therapy session.

Telehealth is just like coming in for a visit to our clinic but, it is done through a computer or smartphone. Whether you have had a joint replacement surgery, have any sort of chronic condition, joint pain, or chronic pain, this cutting-edge technology will allow you to connect with a physical therapist to treat you virtually. In this virtual environment, a physical therapist will educate you and give you the exercises to improve your current state and reduce pain. This patient-centered program is all about you; you'll be empowered and treated by a physical therapist who will give you the activities and strategies you may need to do the exercises properly. Through this secure and convenient service, we can provide monitoring and evaluation to ensure a quality experience that allows you to feel better, and faster with long-term results.

Whether you're staying home, out of town, or can't make your appointment, telehealth has:

- Seamless interface with a licensed clinician throughout your appointment

- Real-time feedback, assessment, and guidance from therapists
- One-on-one care with your physical or occupational therapist
- HIPAA compliant, encrypted video messaging assuring your virtual safety

How can I schedule a telehealth visit?

It's really simple. All you have to do is call our clinic or complete a request form and ask for a video visit and we will get your written consent. Feel free to [print and sign our consent form](#).

What types of therapy appointments can I schedule as video visits?

Physical or occupational therapy are available for your specific therapy needs.

Will I be able to see my everyday therapist through telehealth?

Yes! All appointments are "live", and this innovation allows you to interact directly with your regular physical therapist.

Will my insurance plan cover my video visit?

Insurance coverage for physical and occupational therapy services provided through telehealth is rapidly changing on the support from the payer community in covering these visits, with some payers even waiving copays for patients who call during the COVID-19 crisis. We will work directly with you through one of our friendly teammates to review your insurance coverage information that you need to make the best decision for your care.

What if I need an appointment and I want to see my therapist in-person?

All of our outpatient clinics are open and available for therapy during the coronavirus for both active and new patients above and beyond with safety procedures and cleaning processes, taking every step to protect your health. Some of the ways we keep our patients and visitors safe in this changing environment can be viewed in our [Optimal Therapy Health & Sanitation](#)